



UTAH COUNTY TRAILS: AMERICAN FORK CANYON & PROVO CANYON

Mount Timpanogos stands in grandeur between the American Fork and Provo Canyons. Highway 92 takes you up American Fork Canyon which winds next to the American Fork River for several miles before heading south and rounding the far side of the mountains, heading through the Uinta National Forest, and to the Provo River where it joins US 189 between Provo and Heber City.

The walls of American Fork Canyon are steep, rugged, grand and can be dangerous. In comparison, Provo Canyon stretches much wider, more open and sits at a lower elevation. For this reason, there are more available snowshoe routes in American Fork Canyon. The two canyons are linked by the Alpine Loop Scenic Byway. During the winter this byway is closed to traffic but open to winter recreation.